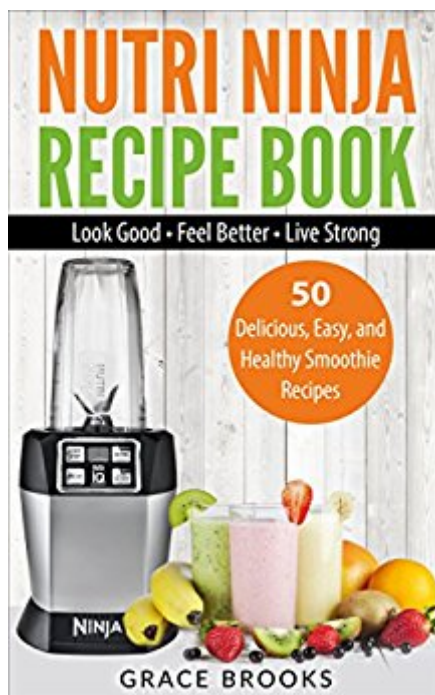


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Nutri Ninja Recipe Book: Smoothie Recipes - 50 Delicious, Easy, And Healthy Smoothie Recipes

Look Good Feel Better Live Strong
(Smoothie Bible)



Synopsis

Lose Weight, Gain Energy, and Feel Amazing with Your Nutri Ninja! Read this book on your PC, Mac, smartphone, tablet or Kindle device! In this book, you'll learn how to get the most from your Nutri Ninja! You'll find out why you should eat healthy and discover a wealth of easy, healthy, and delicious recipes. Your Nutri Ninja makes it simple and easy to give family fresh, tasty, and nutritious meals on the go! Nutri Ninja recipes are quick enough for healthy everyday snacking and delicious enough for parties and holiday gatherings. Your friends and family will be amazed by your tasty, guilt-free treats! You'll also find that Nutri Ninja smoothies are an invigorating treat after a good workout. By using this incredible device to eat more raw, wholesome foods, you can give your body what it needs. It's time to power-up your daily life! Here's what you'll learn from this fascinating book: Easy Nutri Ninja Weight Loss Tips How to Regain Essential Nutrients Body Detoxification Strategies How to Get More Raw Foods and Nutrients Everyday! Nutrition and Exercise Tips for Better Sleep Smoothie Tips for Better Hydration How to Get the Goodness of an Entire Vegetable or Fruit! Why Your Nutri Ninja Gives You More Nutrients Than Juicers How to Get More Energy Without Spiking Your Glucose Levels Read this book for FREE on Kindle Unlimited - Download Now! You'll love these Nutri Ninja Smoothie Recipes! Amber Creamy Delight Berry Decent Workout Drink Pineapple Craze Sultry Papaya Milkshake Thrilling Kiwi Charmer and many more! Don't wait! Get your copy of Nutri Ninja Recipe Book Today!

Book Information

File Size: 2972 KB

Print Length: 78 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 3, 2016

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B01CJHCJAK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #356,876 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

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Customer Reviews

Prepare great smoothies with Nutri Ninja! Nutri Ninja is a brand of products that unlocks the organic merits of fruits and vegetables. It's a wise investment to get the most out of your veggies and fruits in your smoothies. In this book, you get to understand and see the benefits of Nutri Ninja blender over ordinary ones and how it makes delicious and healthy smoothies in an easy, convenient way. Indulge yourself with these great smoothie recipes with Nutri Ninja Pro!

This book is a great way to start new healthier eating habits. With every tip you need from using your Nutri Ninja to create a perfect smoothie to picking your favorite recipe. I received the Kindle version and appreciate the convenience of have the ebook on my Kindle. The book described many operations of the Nutri Ninjas, healthy eating and how the Ninjas to create the ultimate healthy smoothies. I haven't tried too many of the recipes myself as I am very picky and some recipes call for a number of ingredients that I didn't have right on hand. Make sure to prepare your grocery list according to the shakes you want to try. Before this book I wasn't big on plain yogurt. A lot of recipes call for it but the good part is of the few recipes I did try they had enough flavor from the fruit I couldn't pick out it had plain yogurt. This will be so helpful as summer is just around the corner and I need all of the nutritional energy smoothies I can to keep a family of 7 going. I received this item at no cost in exchange for my honest and unbiased review.

I'm so glad I came across the Nutri Ninja Recipe Book!! I've been trying to eat healthier and include smoothies in my healthy diet. I've searched and searched recipes with no luck at all. Every recipe I tried in the past was disgusting. I wasn't even able to finish a smoothie it was that bad. Since trying recipes with this book I've been able to have a smoothie every morning that I really enjoy. I have not had one that I didn't enjoy so far. I can't wait to continue trying the different recipes. I received this item free in exchange for an honest and unbiased review. All comments are my thoughts and are

based on my experience with this product.

I needed some other ideas to get me started on being healthy aside from the daily exercise and meal prepping. I got this e-book Nutri Ninja Recipe Book by Grace Brooks which includes 50 smoothie recipes. I don't exactly have a nutri ninja but just a ninja blender and I think any blender would suffice to all these smoothies. In the beginning the e-book basically explains what a nutri ninja is and how it works. There's also information on the importance and benefits of eating healthy from smoothies made with fruits and vegetables. The smoothies are easy, healthy and it does taste really good. Each recipe includes nutrition facts so you know how much calories you are drinking especially for someone counting calories. I get to prep my smoothie the night before and use it in the morning for a morning boost of energy. Since there are 50 different kinds of smoothie recipes in this e-book, you have so many options that you don't have to stick to just one recipe. My plan is to make every single one of the recipe in this e-book. The ones I have made so far are delish!Disclaimer: I received this e-book at a discounted price in exchange for my honest and unbiased review. All opinions are 100% of my own after a full evaluation and no compensation was provided.

I love the Nutri Ninja, I want My family and I to be Ninja and therefore I needed a Nutri Ninja recipes. I came across this book on and I love the book, information in it and the recipes. It is so informative and has good and well selected information on Nutri Ninja diet. The recipes are great, easy and simple to follow. The ingredients are clear and easy to follow. I will be using this book often as I love coking and want to try all these Nutri Ninja recipes. I recommend this book to all.

I was really excited about this book because I was hoping for some fun recipes. I was very disappointed! I can't stand the style of writing. I like recipe books that read like recipe books--not novels. The author goes on and on and on for pages about their philosophy. The recipes have ingredients I have never heard of. I wouldn't know where to find half of the ingredients and I'm familiar with health food stores! The measurements are in grams and I'm really not one to weigh out my ingredients for a smoothie. And given that I'm in the USA we don't really use that measurement system. That may sound arrogant but it's the truth. You could at least have both measurement systems or conversions if you want to sell the book world wide.I received this product in exchange for an honest and unbiased review.

This book is a great guide for anyone to become healthy and get the best recipes for everyday life. This book have the best smoothie recipes for anyone who wants to stay healthy and happy in their life. There are great tips for losing weight in this book. You will be able to regain essential nutrients for your body. There are lots of smoothie tips in it. There are 50 delicious and healthy recipes in it which will help you to gain the health that you have always longed for. So I highly recommend this book.

This recipe book is fantastic and helpful. By the help of this book I have learned some delicious and healthy recipes. Inside of this book the author has described about how to lose weight and gain energy by our Nutri Ninja. This book guided me about how to get the most from my Nutri Ninja. The author has described all most each recipe very clearly and step by step. By reading this book I have learned how to regain essential nutrients and body detoxification strategies. This book also guided me about how to get more raw foods and nutrients every day. Inside of this book I have found some weight loss tips and smoothie tips. I am really glad to read this book and by reading this book I am impressed enough.

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